

# WHAT ARE HEART CARDS?

You can help support the Ottawa Heart Institute Foundation by purchasing a handmade crochet heart card this February or by selling the cards through your business. These cards are great for any occasion - birthdays, baby showers, weddings, Valentine's Day, get well, thanks, etc.

100% of the funds raised through the sales of these cards will help to ensure that the Heart Institute will continue to provide the best possible care for patients and their families while shaping the way cardiovascular medicine is practiced now, and in the years ahead.



## THE HEART BEHIND THE HEART CARDS

**Vicki Morewood** has worked tirelessly on the Heart Cards for months, gifting her time to create these beautiful cards. Crocheting one heart at a time, Vicki has crafted each card with care. Knitting and crochet have been a lifelong hobby for Vicki, and she has contributed to countless causes. Thank you, Vicki for your dedication and energy.



## HOW YOU CAN SUPPORT THE HEART CARDS INITIATIVE

### **Purchase a crochet heart card**

Visit one of our Heart Month partners  
Click [here](#) for more information.

### **Sell heart cards at your business**

We will drop off the cards and collateral for you to display in your business  
contact us to get set up:

**T:** 613-696-7258 | **E:** [vgomes@ottawaheart.ca](mailto:vgomes@ottawaheart.ca)



UNIVERSITY OF OTTAWA  
HEART INSTITUTE  
FOUNDATION

FEBRUARY IS  
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